




# Your graduate journey starts here

SACRAMENTO | STUDENT WELCOME PACKET

UNIVERSITY OF THE  
PACIFIC



**Welcome to the University of the Pacific community. Committing to your graduate education is an important occasion and you should be proud of the achievement and success that has led you to this moment.**

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Pacific is committed to providing a superior, student-centered learning experience while preparing individuals for lasting achievement and responsible leadership in their careers and communities.

As a Pacific graduate student, you will have access to a team of people who can help you navigate the academic process, celebrate your milestones, guide your professional development and work in partnership with your graduate program to ensure you are on the pathway to

graduation. We invite you to connect with us to learn more about our services and how we can support you. Whether in person, online or through our social media channels, our team looks forward to connecting with you.

**University of the Pacific supports and oversees more than 1,100 graduate students pursuing advanced degrees in over 30 graduate programs.**

You will engage with our caring and knowledgeable services staff throughout your graduate journey.

There are many milestones that you will achieve in your degree and we are here to help you prepare for your program, navigate policies and submit accurate paperwork in order to reach your goal of degree completion. And along the way, we hope to celebrate your success with you. We look forward to serving you through:

**New Student Onboarding**

- Online orientation
- Welcome Week events

**Navigation of degree milestones**

- Thesis and dissertation
- Graduation and degree audits

**Policy Guidance**

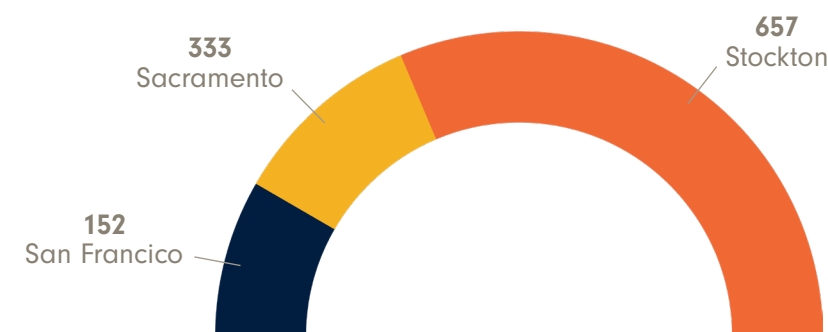
- Graduate academic regulations
- Academic standing notifications

**Student Promotion**

- Graduate and professional student Appreciation week
- Research and travel awards

**2020 Graduate Students**

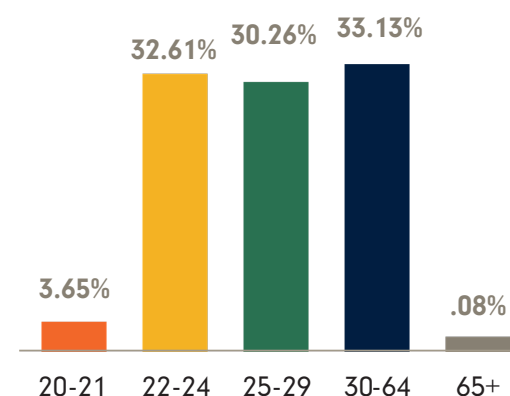
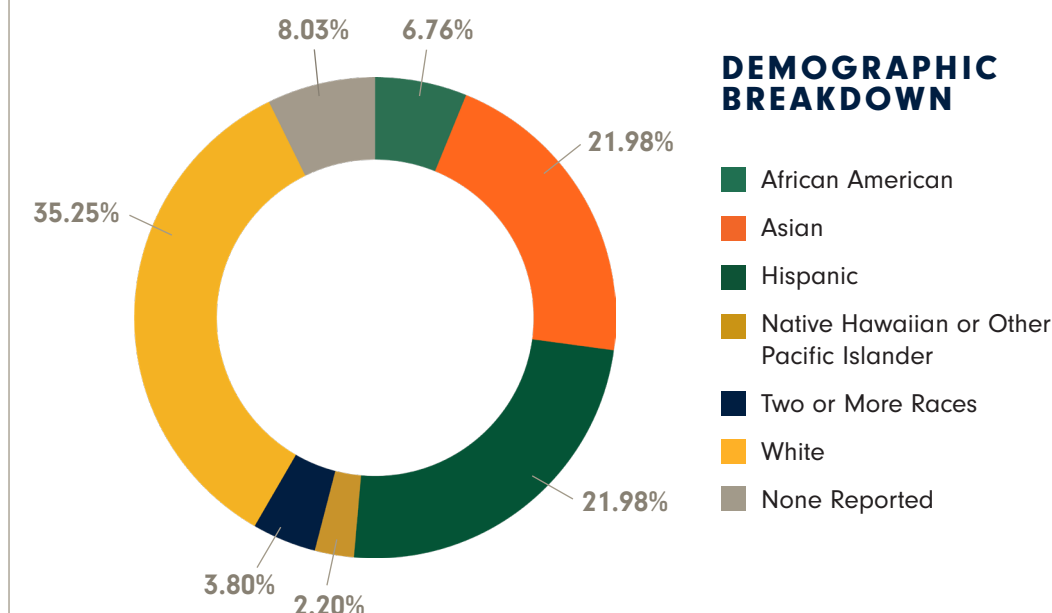
**CAMPUS BREAKDOWN**



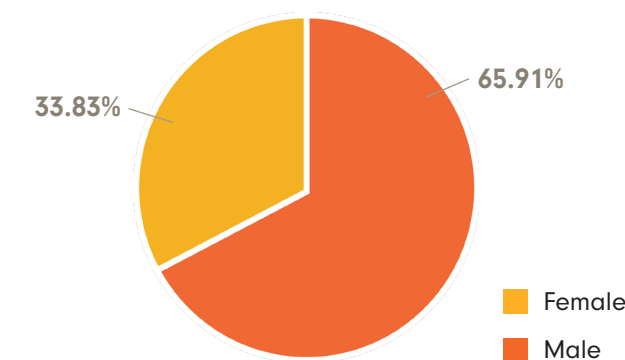
**AVERAGE CLASS SIZE**



**8:1 STUDENT FACULTY RATIO**



**AGE BREAKDOWN**



**GENDER BREAKDOWN**

# General Information

Now that you are a confirmed student at University of the Pacific, all essential email communication will be sent to your student account. Please check your account daily for information on financial aid, billing, upcoming events, campuswide notices and messages from your faculty and fellow students.

To access your email, you will first need to register via the Password Management Tool at [locksmith.pacific.edu](https://locksmith.pacific.edu) and create a unique password. Once this is complete, you may log into insidePacific to access your Pacific email.

## InsidePacific Portal

You will use the university's portal, insidePacific ([inside.pacific.edu](https://inside.pacific.edu)), to:

- Register for courses
- View transcripts
- Review billing and financial aid
- Access email
- Submit student worker timesheets
- Check degree progress

As a graduate student, you will have access to the Graduate School tab within the portal. This tab will guide you to important links including forms, contact information and our online orientation. Log into insidePacific using the student ID and password you used during the confirmation process. If you have any trouble logging in with the provided credentials, please contact the Pacific Technology Helpdesk at 209.946.7400.

## Online orientation

You will be enrolled in our Online Orientation via the Canvas online learning platform. Our online orientation will walk you through campus resources and tutorials on everything from accessing your billing and financial aid to registering for courses. Look for your invitation in your student email account or visit [go.pacific.edu/GradOrientation](https://go.pacific.edu/GradOrientation).

## Paying for your graduate education

If you plan to use financial aid to fund your education, you must complete the Free Application for Federal Student Aid (FAFSA). At the graduate level, students can borrow up to the total cost of attendance through Federal Unsubsidized Loans and Graduate Plus Loans. When completing your FAFSA, use institution code 001329. Once you complete the FAFSA, Pacific receives your report, and you will receive your financial aid award packet within several weeks.

If you have questions about financial aid programs and application forms, please contact the Financial Aid Office at 415.749.3314 or [sf\\_finaid@pacific.edu](mailto:sf_finaid@pacific.edu).

## ADMISSION CHECKLIST

- **Student email:** Setup your Pacific student account. This is the official mode of communication from the university.
- **Faculty advising:** Check in with your advisor for your "Plan of Study" and discuss course registration. The name of your advisor can be found on the bottom of your acceptance letter.
- **Review billing and financial aid:** View your Student Account through the administrative link in insidePacific to review financial aid and ensure payments are made by the appropriate deadlines.
- **Financial aid:** If you are planning to use financial aid, complete the FAFSA and entrance counseling at [studentaid.gov](https://studentaid.gov).
- **Health insurance:** Students will be automatically enrolled in the Student Health Insurance Plan (SHIP). If you don't need SHIP, you must submit an insurance waiver prior to the first day of classes through [pacific.edu/HealthInsurance](https://pacific.edu/HealthInsurance).
- **Online orientation:** Complete the online orientation at [go.pacific.edu/GradOrientation](https://go.pacific.edu/GradOrientation).
- **Immunization compliance:** You are required to submit immunization records in order to attend classes on campus. Review the immunization policy at [pacific.edu/ImmunizationCompliance](https://pacific.edu/ImmunizationCompliance) and submit your records through the Medical Portal.
- **Student ID card:** Be on the lookout for an email from [PacificCard@pacific.edu](mailto:PacificCard@pacific.edu). This email will include instructions on how to submit a photo for your ID card and will contain information on how to obtain your ID card. You will need your ID card to access most buildings on campus.

Need help with any of these items? Contact our Graduate Services Office at [gradschool@pacific.edu](mailto:gradschool@pacific.edu).



# Campus Resources

## Bookstore

The Sacramento Campus bookstore, located on the first floor of the Student Center, is your one-stop shop for textbooks, supplies and apparel to show off your Tiger pride. Shop online at [bkstr.com/pacificsacstore](https://bkstr.com/pacificsacstore).

**Student Center, 1st Floor**  
**916.739.7144**

## Business Office

The Business Office is where you can get help with student accounts, financial aid, paying your tuition and more.

**Administration Building, Room 114**  
**sac\_busoffice@pacific.edu**  
**916.739.7131**

## Café Bon Appétit

Pacific's on-site cafe offers a rotating menu of healthy and sustainable options for breakfast, lunch and dinner. Your PacificCard ID may also be used as a deposit account to make purchases on campus. To learn how to add cash to your ID card, go to [pacific.edu/PacificCard](https://pacific.edu/PacificCard).

**Student Center, 1st Floor**

## Center for Inclusion and Diversity

Located upstairs in the Student Center next to the student lounge, the CID is open to all students. Through various programming, the CID seeks to build community, foster understanding on issues of diversity and promote an atmosphere of inclusion for all members of the

Sacramento Campus. The CID is also a great space to relax, hang out and study.

**Student Center, 2nd Floor**

## Counseling and Psychological Services (CAPS)

The Sacramento Campus provides individual, couple and group therapy services to current students, including treatment for anxiety, depression, stress management, relationship issues, substance abuse and more. All services are included in your Wellness Fee and can be accessed via a 24-hour call line. Schedule an appointment by phone or online at **Halbert Hall, 3257 Fifth Avenue** [pacific.edu/CAPS](https://pacific.edu/CAPS).

**209.946.2315 x2**

## Disability Services

For students needing accommodations, the Office of Student Life should be your first stop for assessment and support. Accommodation requests can be submitted online at [pacific.edu/SSD](https://pacific.edu/SSD).

**Office of Student Life**  
**ssd@pacific.edu**

**209.946.3221**

## Health & Wellness Clinic

The Sacramento Campus Wellness Center's nurse practitioner is available to provide comprehensive medical services for students including routine appointments, referrals, immunizations and

prescription medications. Dietitians and Insurance experts are also available, as well as a 24/7 advice nurse. Schedule an appointment by phone or online at

**pacific.edu/StudentHealth.**  
**Halbert Hall, 3257 Fifth Avenue**  
**209.946.2315 x2**

## Housing

Pacific has four on-campus apartment buildings to accommodate approximately 160 tenants in a variety of studio, one- and two-bedroom units that range from unfurnished single units to fully furnished, double-occupancy townhouse apartments.

**Office of Student Life**  
**sachousing@pacific.edu**  
**916.739.7119**

## Library

The Sacramento Campus Library features a computer lab, print stations, quiet study spaces, small group discussion areas and several private study rooms. Pacific also hosts a variety of digital library services, including research assistance and access to e-book, e-journal, video and publisher databases. All services can be found at

**pacific.edu/University-Libraries.**  
**3282 Fifth Avenue**  
**refdesk@pacific.edu**  
**916.739.7131**

## Parking

Students with cars must obtain a parking permit from the Office of Student Life to park in on-campus parking lots. There is no charge for the permit, except in the case of the underground parking lot for residents of the apartment buildings, which is \$35. Visitors to the campus may obtain a visitor's permit Monday-Friday from the Business Office or Public Safety Department and are free to park in any of the unreserved spaces in the school parking lots. On weekends, visitors are welcome to park in any of the school's lots.

## Public Safety

The Sacramento Campus Public Safety Department provides 24-hour patrol service, including on-call escorts to your vehicle, residence or any on-campus location at any time. Eleven call boxes placed throughout the Sacramento Campus provide students immediate contact with Public Safety officers in the event of a police, fire or medical emergency.

**Public Safety Office, 2981 32nd Street**  
**sacpublicsafety@pacific.edu**  
**916.739.7200**

## Recreation Center & Pool

The Recreation Center features an outdoor swimming pool and ping pong table, as well as an indoor gym and showers.

**3268 Donner Way**  
**916.739.7135**

## Registrar

Visit our on-campus registrar for assistance with transcripts, add/drop forms, updating contact information and more.

**Administration Building Rm 100**  
**sacregistrar@pacific.edu**  
**916.739.7106**

## Student Support Services

Our team of Graduate Services Specialists serve as a concierge-level resource for navigating the complexities of your graduate journey.

**gradschool@pacific.edu**  
**209.932.2928**

## Student Organizations

Students on the Sacramento Campus can join or develop a new Registered Student Organization by connecting to TigerLink at [pacific.Presence.io](https://pacific.Presence.io).

## Writing Center

The Writing Center offers group and one-on-one consultations with a professional staff member who can help you develop your writing skills in a friendly, no-pressure environment.

**writingcenter@pacific.edu**  
**916.739.7251**

ABOUT

# Sacramento

Sacramento is America's farm-to-fork capital. In this bustling metropolis, you'll find farm-fresh restaurants, colorful murals, farmers' markets and gold-rush era attractions. "SacTown", as the locals call it, is home to independent craft breweries, the Sacramento River Cats and the Sacramento Kings. The American and Sacramento rivers flank the region, where residents enjoy river walks, boating and tubing on hot summer days.

**Local Neighborhood**

Pacific's Sacramento Campus is situated between two neighborhoods: to the east is Oak Park, an up-and-coming, culture-rich

community, and to the west is Curtis Park, a serene, established residential district known for its vintage bungalows. The Curtis Park area and its namesake park are just a few blocks from campus and are perfect for outdoor picnics and recreational sports.

Within a short walk from campus, enjoy Gunther's (2801 Franklin Blvd.), a landmark ice cream shop named California's "best place for ice cream" by Business Insider in 2015. Or stroll over to the 40 Acres Complex (3434 Broadway) for Old Soul Coffee, or southern comfort at Fixins Soul Kitchen.



**3200 Fifth Avenue  
Sacramento, CA 95817**



**SACRAMENTO RECOMMENDATIONS**

Experience community and culture at Gather Oak Park, a food-focused outdoor block party every second Thursday during the warm summer months (3rd Avenue & Broadway).

Every Saturday morning, Midtown Farmers' Market showcases local produce, artisanal food, live music and more next to the trendy MARRS building (20th Street & J Street).

The 2nd Saturday Art Walk features extended evening hours at art galleries on the downtown grid (from 6th street to Alhambra Boulevard & B Street to S Street).

Catch a concert, an NBA game or even a rodeo at the Golden One Center. Surrounded by restaurants, specialty shops and bars in the DOCO area, the new arena is a world-class entertainment venue (500 David J Stern Walk).



UNIVERSITY OF THE  
**PACIFIC**

**FOR MORE INFORMATION**

**Admission**

209.946.3929

[gradadmission@pacific.edu](mailto:gradadmission@pacific.edu)

**Student Services**

209.932.3297

[gradschool@pacific.edu](mailto:gradschool@pacific.edu)

3200 Fifth Avenue Sacramento, CA 95817

**LET'S GET SOCIAL**

Click on the icons below

